

Artículo Original/ Original Article

[10.18004/mem.iics/1812-9528/2024\\_e22122407](https://doi.org/10.18004/mem.iics/1812-9528/2024_e22122407)

**MATERIAL SUPLEMENTARIO:  
Shifts in Food Security Awareness and Lifestyle Behaviors in Paraguay  
During COVID-19, December 2019 to December 2020**

**Supplementary Table 1.** Checklist for Documentation of Google Trends research. Modified from<sup>(1,2)</sup>

Section/Topic	Checklist item
Search Variables	
Access Date	2024-11-25_14-35-38
Time Period	From 1 December 2019 to 31 December 2020
Query Category	Search ter Search term
Region	Paraguay

**Search Input**

Full search input	(1) Coronavirus: "Coronavirus", "Covid-19", "Covid 19", "Covid", "SARS-CoV2" (2) Food security: higiene de los alimentos, seguridad alimentaria. (3) Dietary behaviour: pizza, delivery, alimento, desayuno, galletas, pollo, alcohol, pan, restaurante, delivery de comida. (4) Indoor lifestyle behaviour: pastel, comida, netflix, receta, nintendo, cocina, play station. (5) Outdoor lifestyle behavior: flor, planta, cine, yoga, ejercicio, afuera, fitness, ciclismo, relajación, resort, aeróbico, gym, parque, meditación, hotel. (6) Immune-related nutrients and herbs: hierro, vitamina e, omega 3, vitamina d, hierba, zinc, curcuma, cebolla, vitamina b, café, selenio, vitamina, legumbres, vegetariano, pérdida de peso, vitamina c, fitoterapia, vitamina a.
Quotaion Marks	If there was one word in search term, those words were queried with quotation marks

**Rationale for Search Strategy**

For Search Input	The searched terms were related to change in diet and lifestyle behaviour during coronavirus pandemic
For Setting Chosen	Web search was choosen

**REFERENCES**

1. Mayasari NR, Ho DKN, Lundy DJ, Skalny AV, Tinkov AA, Teng IC, et al. Impacts of the COVID-19 Pandemic on Food Security and Diet-Related Lifestyle Behaviors: An Analytical Study of Google Trends-Based Query Volumes. *Nutrients*. 2020 Oct 12;12(10):3103.
2. Nuti SV, Wayda B, Ranasinghe I, Wang S, Dreyer RP, Chen SI, et al. The Use of Google Trends in Health Care Research: A Systematic Review. Voracek M, editor. *PLoS ONE*. 2014 Oct 22;9(10): e109583.

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